

(_____) Residents,

This pamphlet has been put together to inform you of the actions that can be taken to prepare you and your family in the event of an emergency. The following information is to assist you and your community in the event of an emergency. Please review and discuss this information with your family. Keep this brochure handy for quick reference in the case of an emergency.



The official **Emergency Broadcasting** stations are:

Radio:

CBEF	540	AM
CKWW	580	AM
CKLW	800	AM
CBE	1550	AM
CIMX	88.7	FM
CIDR	93.9	FM

Television:

CBET	Channel 9
CHWI	Channel 16
Cable	Channel 10

Developing an Emergency Plan

Meet with family members to develop an emergency plan, and regularly conduct drills to practice your plan.

- Become aware of emergency situations that can occur in your area.
- Learn your community evacuation plan
- Determine safe rooms to use for shelter
- Post emergency phone numbers by the phone. **During an emergency only use the phone if someone needs immediate assistance**
- Teach children their address and phone number.
- Note special assistance needed by people with disabilities.
- Prepare for family health needs (medication, medical supplies, etc.)
- Plan not to leave pets behind. Locate a local shelter. Remember farm animals too.
- Learn basic CPR and First Aid
- Establish a meeting place if family is separated in an emergency.
- Find out school/daycares emergency procedures during severe weather.

Flooding

- Tune into local radio stations
- Stay away from flood waters,

DO NOT attempt to walk, drive or swim through floodwaters.

- If flood waters are high allow them to flow freely into basement.
- Do not stack sandbags against house. This adds pressure and can cause damage.
- Do not drink tap water.
- Move valuables to higher floors.

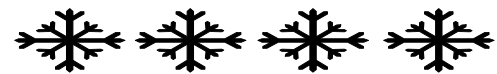


Severe Weather (Tornados)

Tornado Watch : A tornado watch or severe thunderstorm watch is issued whenever conditions exist for severe weather to develop. This is time for you to prepare. Tune into local radio or television for updates.

Tornado Warning: A tornado or severe thunderstorm warning is issued when a tornado or severe thunderstorm has been sighted or strongly indicated by radar. This is the time to take proper cover.

- Tune radio to local radio stations
- Stay indoors
- Seek shelter in basement or in an interior room.
- Stay away from windows, door, and outside walls.

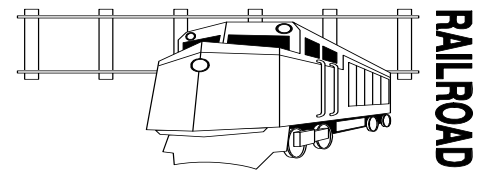


Winter Storms

- Tune radio into local radio station
- Stay indoors
- Watch for signs of frostbite or hypothermia.
- **DO NOT** over exert yourself while shoveling.
- Do not leave home unless absolutely necessary.
- Wear loose fitting clothes and layer them as needed.
- If travel is absolutely necessary be sure to have an emergency car care kit with you
- Do not use barbeques and kerosene lanterns for indoor heating.

Chemical Accidents

The possibility of train derailment or transport truck accidents with the potential of chemical spills are a possible emergency in (_____) ;as well as the potential for factory fires.



If you are outside:

- Stay upstream, uphill, and up wind hazardous materials can be quickly transported by water and wind
- Move so the wind is blowing left to right, not at your back or face.
- Try to get at least a half mile from danger area.
- Follow the instructions of local authorities.

If you are inside:

- Tune your radio into local radio stations and be prepared to follow all instructions given by emergency staff.
- To reduce the possibility of toxic fumes entering your home, seal all entry routes as efficiently as possible.
 - Close and lock all door, seal gaps under doorways with wet towels and duct tape,
 - Close all fireplace dampers, and turn off ventilations systems. (air, vents, and furnaces)
- Stay inside
- If you suspect vapors have entered your home, take shallow breaths

TOWN OF

www.yourmunicipality.on.ca

OF

EMERGENCY

PREPAREDNESS

GUIDE

Preparing for the worst keeps you at your best!

through a wet towel or cloth.



Emergency Phone Numbers

Ambulance: 911

Fire: 911

Police: 911

Poison Control: 1-800-268-9017

Family Physician: _____

Town Of (): _____

Emergency Spill Center:

1-800-268-6060

Work Numbers: _____

Emergency Contact Number: _____

Preparing Your Home

- Secure important papers, lists, and photographs in a safety deposit box
- Buy an ABC fire extinguisher. Check to make sure it is functioning properly
- Install smoke detectors on every level of your home. Check functioning monthly.
- Install a carbon monoxide detector and check functioning periodically.
- Buy flashlights/emergency lighting, and a battery operated radio and batteries.
- Avoid candles (fire hazard)
- Make house address clearly visible.
- Locate the water heater, electrical and gas shut offs and mark with labeled tape.
- Make sure sump pump is working, and

consider purchasing a battery backup.

Evacuation Route:

DO NOT attempt to evacuate unless told to do so by emergency staff.

have to save you.



School Children



DO NOT attempt to pick up your children up at their school. School staff will be informed of an emergency and the safety of your children will be top priority. Media will inform you were to pick up your children when it is safe.

Disabled and the Elderly



Please be sure to help disabled and elderly citizens in the community. Assist them in the event of evacuation by giving them rides to shelter, and helping them to pack a bag

For further information on Emergency Planning visit the following websites:

www.redcross.ca

www.countyofesssex.on.ca

- Tune into local media for further instructions.
- Pack a bag with essential items including clothes, medical essentials, wallet, credit cards , cash, drivers license, health card and important documents.
- Baby supplies and special foods
- Toilet articles
- Pillows, blankets , and sleeping bags.
- Battery operated radio, flashlights, and extra batteries.
- In order to Evacuate: STAY CALM**
- Turn your furnace back on in the winter
- Make separate arrangements/sites for pets
- Lock all door and windows
- Evacuate areas using map above
- Drive carefully, don't rush
- Ask neighbors if they need a ride.
- Register on arrival to the evacuation center.
- By ignoring the warning to evacuate you jeopardize your family and those that might**